



Demarest Elementary School

May 2017 Lunch Menu

Healthy Meals Grow Healthy Kids!

Mac's Nutrition News

Enjoy the nice spring weather and celebrate National BBQ Month with your friends and family!

Try a variety of grilled fruits and vegetables such as corn, zucchini, bell peppers, eggplant, Portobello mushrooms, asparagus, peaches, pineapples, apples, and more!

All Meals are Served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch. Fruit of the Day and Low Fat Milk Choice

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| Student Lunch | \$2.75 |
| Reduced Lunch | \$0.40 |
| Adult Lunch | \$3.35 |

MASCHIO'S MAIN EVENT

Monday: Muffin Bag
 Tuesday: Cereal Bag
 Wednesday: Muffin Bag
 Thursday: Cereal Bag

Maschio's Swap Outs Available Daily

Bagel and Yogurt Bag

Extra Slice of Papa John's Pizza \$1.95

8 ounce water available daily for purchase \$0.50



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily



Check us out on Facebook: Maschio's Food Services, Inc.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
| 1 Crispy Chicken Sandwich Fresh Veggie Dippers Fresh or Chilled Fruit | 2 Macaroni and Cheese Dinner Roll Vegetable Medley Fresh or Chilled Fruit | 3 Papa John's Pizza Freshly Prepared Tossed Salad Fresh or Chilled Fruit | 4 STAR WARS DAY Grilled Cheese Sandwich Vader Tater Tots Galaxy Swirl Sorbet | 5 CINCO DE MAYO Chicken Fajita Meat with Shredded Cheddar Cheese over Rice and Salsa Tostitos SCOOPS! [®] Tortilla Chips Steamed Corn Fresh or Chilled Fruit |
| 8 China Sweet and Sour Chicken over Rice Baby Carrots Fresh or Chilled Fruit | 9 Germany All Beef Frankfurter on a Bun Potato Wedges Applesauce | 10 Papa John's Pizza Freshly Prepared Tossed Salad Fresh or Chilled Fruit | 11 America Cheeseburger on a Bun Sweet Potato Crinkle Fries Fresh or Chilled Fruit National BBQ Month | 12 Italy Mini Cheese Calzones with Marinara Sauce Veggie Dippers Fresh or Chilled Fruit |
| 15 Chicken Nuggets Dinner Roll Vegetable Medley Fresh or Chilled Fruit | 16 Breakfast for Lunch Pancakes Breakfast Sausages Maple Cinnamon Sweet Potatoes Fresh or Chilled Fruit | 17 Lucky Tray Day Papa John's Pizza Freshly Prepared Tossed Salad Fresh or Chilled Fruit | 18 Mini Corn Dogs Green Beans Fresh or Chilled Fruit | 19 Twisty Cheesy Breadsticks with Marinara Sauce Baby Carrots Fresh or Chilled Fruit |
| 22 Popcorn Chicken Confetti Rice Steamed Corn Fresh or Chilled Fruit | 23 Baked Ziti Dinner Roll Baby Carrots Fresh or Chilled Fruit | 24 Papa John's Pizza Freshly Prepared Tossed Salad Fresh or Chilled Fruit | 25 Mozzarella Sticks with Marinara Sauce Dinner Roll Mixed Vegetables Fresh or Chilled Fruit | 26 Breakfast for Lunch French Toast Sticks Breakfast Sausage Hash Browns Fresh or Chilled Fruit |
| 29 Memorial Day School Closed | 30 Cheeseburger on a Bun Baked French Fries Fresh or Chilled Fruit | 31 Papa John's Pizza Freshly Prepared Tossed Salad Fresh or Chilled Fruit | Celebrate World Food Week! | |

Our well-balanced lunches available for the week, average between 550-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit www.MaschioFood.com Or Call Maschio's Food Services at: 973-680-8608

Payments should be sent via cash or check with your child's name notes or at myschoolbucks.com:
 10 for \$27.50 / 20 for \$55.00

Please Make Checks Payable To: Bloomfield BOE

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"